# Tell Your Boss Takeaways from "M&A and the MSP Perspective - The Role of the Medical Staff Professional during Merger and Acquisition Activity"

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Thesis: Merger and Acquisition (M&A) activity remains robust in the healthcare world as all players, from digital start-ups using AI, to non-profit community hospitals and larger commercial companies try to stay ahead of both patient needs and governmental requirements. Efficiency as well as profitability are driving factors in healthcare M&A. The Medical Staff Professional should participate in all aspects of M&A activities, from early discussions and contract language; the next steps of due diligence support for contracting, accreditation, clinical provider credentialing, risk management and data/technology needs; and data analysis and project management/planning needs for full integration before the final papers are signed. It is to the detriment of an organization to leave these concerns and potential "deal breakers" under-investigated.

**Learning Objective#1**: Upon completion, attendees should better understand the scope of M&A activity within healthcare over the past 10 years and how it directly impacts MSPs

### Key points:

1. Analytical Thinking	4. Evaluation
2. Budget/Finance	<b>5.</b> Political Savvy
3. Legal	

**Learning Objective#2**: Upon completion, attendees will identify the MSPs role within the M&A process and the importance of their role to organizational success and patient safety

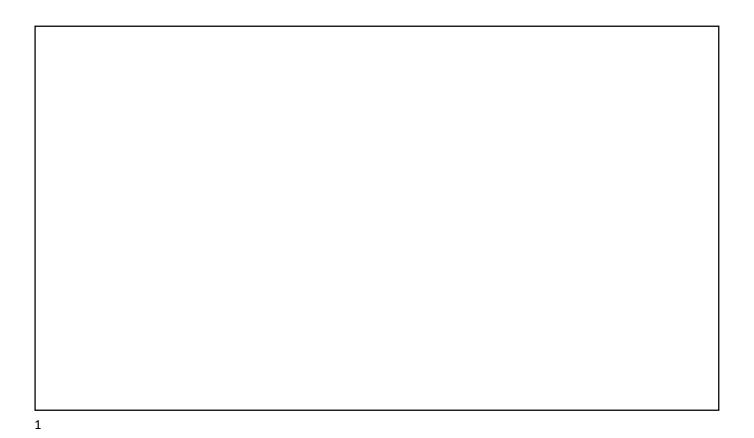
### Key points:

1. Risk Management	4. Confidentiality
2. Project Management	5. Contracting
3. Change Management	

**Learning Objective#3**: Upon completion, attendees will have the ability to share their own successes and experiences with the M&A process and pass along tips for improvement

### Key points:

1. Process Improvement	4. Communications
2. Medical Staff Professionalism	5. Professional Presence
3. Relationship Building	



M&A and the MSP Perspective
The Role of the Medical Staff Professional during
Merger and Acquisition Activity

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### **Disclosures**

 I do not have relevant financial relationship(s) to disclose.

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# How are we rolling today?

- Overview of major healthcare Merger & Acquisition (M&A) activity over the past 10 years
- Discussion of impact that MSPs have on successful M&A activity
- Identify resources to stay informed about current and future M&A activity

# What is M&A Activity?

- Merger & Acquisition Activity is how companies combine assets.
  - Merger combining two equal entities, usually into a new entity
    - 2015 \$100 billion merger of H. J. Heinz Co. and The Kraft Foods created a newly merged entity with the name The Kraft Heinz Company.

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# What is M&A Activity?

- Merger & Acquisition Activity is how companies combine assets.
  - Acquisition taking over another or more companies for industry growth/consolidation. The "acquired" or "bought" company is a part of the larger company.
    - 2016 \$104 billion acquisition by Anheuser-Busch InBev taking over London-based SABMiller. SABMiller is now a business division of Anheuser-Busch InBev.

# Mid-Teens – big deals in healthcare

- 2017 CVS acquires Aetna for \$69 billion
- 2018 Cigna acquires Express Scripts for \$67 billion
- 2019 Unitedhealth Group acquires DaVita Medical Group for \$4.3 billion

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# The "WHY" behind M&A Activity

- Economics of Scale
- Economics of Margin
- Economics of Survivability

# **Historical Healthcare M&A Activity**

### **United Healthcare Group**

Acquired on	Acquired Company	Acquisition Price
Apr 10, 2023	Crystal Run Healthcare	Undisclosed
Oct 03, 2022	Change Healthcare	\$7.8B
Jun 18, 2022	EMIS Health	Undisclosed
Jun 17, 2022	EMIS Group	Undisclosed
Mar 29, 2022	LHC Group	\$5.4B
Aug 17, 2021	PreferredOne	Undisclosed
Nov 18, 2020	MCNA	Undisclosed
Sep 29, 2020	DivvyDOSE	Undisclosed
Jun 21, 2019	Equian	\$3.2B
Jun 19, 2019	PatientsLikeMe	Undisclosed

### **HCA**

Acquired on	Acquired Company	Acquisition Price
Nov 30, 2023	Trinity Regional Hospital Sachse	\$41M
Apr 28, 2022	BetterMed	Undisclosed
Jan 04, 2022	MD Now Urgent Care	Undisclosed
Oct 06, 2021	asksurgery.com	Undisclosed
Jun 01, 2020	Frisbie Memorial Hospital	Undisclosed
Jan 10, 2020	Valify	Undisclosed
Mar 14, 2019	Galen College	Undisclosed
Sep 01, 2018	North Cypress Medical Center	\$148M
Aug 31, 2018	Mission Health	\$1.5B

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# Health Care Transaction Distribution - Q4 2023 Revenue Cycle Management and Consulting Service: 5 Physician Practices 8 Pharmacy: 1 Other: 24 Medical Device and Supplies: 62 Medical Device and Supplies: 10 Medical Device and Supplies:

# **Novant's Acquisition of 3 Tenet SC Hospitals**

- COMPLETED February 2024
- \$2.4 billion acquisition of three hospitals along with their affiliated physician clinics
- Novant acquired Mount Pleasant, S.C.-based East Cooper Medical Center, Hilton Head (S.C.) Hospital and Hardeeville, S.C.-based Coastal Carolina Hospital

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# Jefferson Health merging with Lehigh Valley Health Network (NJ/PA)

- APPROVED August 2024
- Created a 32-hospital, \$14 billion health system throughout eastern Pennsylvania and New Jersey with over 700 care sites.



https://www.pexels.com/video/penguins-at-the-zoo-1528489/Chris J Mitche

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# Let's do Some Polling

### **QUESTIONS**

- Have you been affected by M&A over the past five years?
- Were you asked to participate at any level of this process?
- Was the M&A successfully completed?

### **ANSWERS**

- Yes or No
- Yes or No
- · Yes or No or No Idea

# **Polling Results/Discussion**

- •Who in the audience has been affected by M&A over the past five years?
- •Were you asked to participate at any level of this process?
- •Was the M&A successfully completed?

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# Overview of M&A Due Diligence - MSP

- Accreditation/Certification Standards
  - CMS COPs (Centers for Medicaid & Medicare Services Conditions of Participation)
  - **DEEMED ENTITIES** (a sampling)
  - AAAHC (Accreditation Association for Ambulatory Healthcare)
  - ACHC (Accreditation Commission for Healthcare was HFAP)
  - DNV (Die Norske Veritas)
  - NCQA (National Committee for Quality Assurance)
  - TJC (The Joint Commission)
  - URAC

# Overview of M&A Due Diligence - MSP

- · Contacting obligations
  - Provider Enrollment
  - Managed Care
  - Access to Payer Networks
  - · Delegated Credentialing

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# Overview of M&A Due Diligence - MSP

- Compliance for clinical professional credentialing/privileging
  - Centralized collection/verification (CVO)
  - Bylaws
  - Privilege Forms
  - Clinical Provider Types

# Overview of M&A Due Diligence - MSP

- · Clinical professional database needs
  - Software
  - Mobile applications
  - · Data sharing across entities
  - Data ownership
  - · "Truth" database

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# Overview of M&A Due Diligence - MSP

- Medical Staff governance and organizational structure
  - Bylaws
  - Unified Medical Staff
  - Hierarchy
  - Committees/Chairs
  - Membership
  - Rights/Responsibilities

# Let's do Some Polling

### **QUESTIONS**

- If you have been part of a recent M&A, did you find the process successful for the responsibilities of your role?
- Would you be willing to briefly share one of your experiences?

### **ANSWERS**

- Yes or No
- Yes or No or NA

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# **Polling Results/Discussion**

- If you have been part of a recent M&A, did you find the process successful for the responsibilities of your role?
- Would you be willing to briefly share one of your experiences?

# MSPs need to become and stay educated

- NAMSS Educational Opportunities
- Federal Trade Commission
- Your Legal Counsel
- State/Regional Economic Commissions
- Good old team/zoom/slack chat (aka Water Cooler Talk)

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# MSPs are critical to successful M&A Activity

- Knowledge of Accreditation/Certification Standards
- Knowledge of entity processes and procedures
- Knowledge of clinical bylaws and procedures
- Knowledge of Medical Staff/Entity organization/hierarchy
- Knowledge of what is still unknown

### More Info?

- https://www.investopedia.com/
- <a href="https://tracxn.com/">https://tracxn.com/</a>
- https://www.modernhealthcare.com/
- <a href="https://www.beckershospitalreview.com/">https://www.beckershospitalreview.com/</a>
- https://www.ama-assn.org/
- https://www.toptal.com/finance/blog
- <a href="https://www.ftc.gov/enforcement/merger-review">https://www.ftc.gov/enforcement/merger-review</a>
- <u>ttps://www.toptal.com/finance/mergers-and-acquisitions/cvs-aetna</u>

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## **Thank YOU!**



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