



Tell Your Boss Takeaways from **“Achieving, Exceeding & Celebrating Success”**

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Thesis: The role of the MSP has evolved dramatically over the past decade. The MSP has grown from the job title of secretary and coordinator to that of vice president and operations. This session will examine barriers to achieving success including Tall Poppy Syndrome, The Jonah Complex, and Imposter Syndrome. We will explore alternative perspectives on success that challenge notions of perfectionism and self-doubt, encouraging individuals to redefine their achievements and celebrate their success!

Learning Objective#1: Discuss Imposter Syndrome and learn how to identify symptoms and their manifestations so that they can be overcome.

Key points:

<ol style="list-style-type: none"> 1. Define Imposter Syndrome 2. Discuss how to recognize symptoms of Imposter Syndrome 3. Learn how imposter syndrome may manifest in every day life 	<ol style="list-style-type: none"> 4. Discuss how to overcome Imposter Syndrome 5. Discussion of how this is important for the attendee as an individual, but also how to identify symptoms in team members and how to minimize its impact.
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Learning Objective#2: Discuss Tall Poppy Syndrome and learn how to identify symptoms and their manifestations so that they can be overcome.

Key points:

<ol style="list-style-type: none"> 1. Define Tall Poppy Syndrome 2. Discuss how to recognize symptoms of Tall Poppy Syndrome 	<ol style="list-style-type: none"> 3. Discuss how to find success after experiencing Tall Poppy Syndrome
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Learning Objective#3: Discuss the Jonah Complex and learn how to identify symptoms and their manifestations so that they can be overcome.

Key points:

<ol style="list-style-type: none"> 1. Define the Jonah Complex 2. Discuss Maslow's Hierarchy of Needs and how not having needs met might influence work performance. 	<ol style="list-style-type: none"> 3. How to find success after experiencing The Jonah Complex 4. Discuss how to as a leader influence our team's success when The Jonah Complex is limiting a team member's success.
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